



Full or Part-time Internship with Healthy Kidz & Teenz

About us:

HK&T is a new organization whose mission is to help enhance the quality of life for young children and teenagers through exercise and healthy eating. Our organization was developed out of a need for more health oriented programs and events for young children and teens. Healthy Kidz & Teenz recognizes that physical activity and proper nutrition is a crucial part to having good health.

Website: www.healthykidzandteenz.com

Hours: 15-30 hours/week internship position

Days: Flexible

Organization: Healthy Kidz & Teenz

LOCATION: NE Portland

APPLICATION DEADLINE: Open

Internship Information

The ideal intern should have:

- Strong written and oral communication skills
- The ability to work independently on multiple projects simultaneously
- Access to a car or public transportation
- Computer proficiency and strong research skills
- Write grants (willingness to learn)
- Fundraising
- Willingness to work with diverse personalities
- High level of personal organization

Typical intern responsibilities might involve assisting with the operations of Healthy Kidz & Teenz programs and events by:

- Conducting research
- Planning and attendance of educational workshops and special events for program participants.
- Researching potential grants (dependent on intern experience with grant work)
- Assisting with public relations activities such as writing press releases for events
- Performing administrative tasks

Assisting with other projects

- Writing articles for the newsletter
- Seek advertisement for HK&T Resource Guide
- Obtain Exhibitors for event (resources already available)

Internship Contact

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